

GREAT FUTURES START **HERE.**



Project Challenge

Dream Catcher



Suggested Grades: 1st-5th Grade

In today's activity, we are going to create dream catchers to use as room decor and push away negative dreams!

A little Help for the parents:

Materials List

Help your child gather materials to make this activity.

- yarn
- paper plate
- sharp pointed scissors
- hole punch

- pony beads
- feathers

Steps to Success

Follow these steps to help your child succeed.

1. The first thing you will need to do is use the sharp pointed scissors to cut through the paper plate and cut along the inside of the rim. This would be best done by an adult because you will need sharp scissors to cut through the plate!
2. Next, using the hole punch, make holes all around the inside rim.
3. Then measure out about 3 feet of yarn (you will want to use 3-4 strands per plate) and tie one end to a hole.
4. Have your child weave the yarn through a 2-4 holes.
5. Tie a feather if you wish followed by pushing the pony beads down onto the quill end of the feather and then snip off the excess string.
6. Continue doing this with the other strings of yarn until you have as many long feathered strings as you choose hanging from the bottom.

Guiding, Inspiring, and Helpful Questions

Does your child need a little encouragement? Use these questions to help guide him/her through the thinking process.

- How can you personalize this to make it your own?
- Can you use anything other than beads to decorate your catcher?
- What are other ways we can thread the yarn?

Change Your Perspective!

How can you change the activity to make it more yours? Can you make it better or different?

- Where is going to be a good place to put this catcher?
- Are we setting a positive intention while creating our project?

Smart Questions

Help your child understand and remember what the activity is about by guiding him/her through these final questions.

- What was the hardest part in creating our catcher?
- Is there anything else we can add that we might have laying around?

Share

Every project is more exciting when shared with those in your community. How can you share this project with others to get them excited about making this project?

With the BGCSL

Take pictures of your project and send them to Info@bgcsl.org and we'll post them in a slideshow and on Facebook for all to see!

With Your Family, Friends & Community

Get online and on the phone and encourage your friends, family, and community to do this project!

Want to learn more?

- <http://smashedpeasandcarrots.com/easy-paper-plate-dream-catcher-tutorial/>
- <https://www.bakerross.co.uk/craft-ideas/kids/paper-plate-dream-catcher/>