



CLUB news

POSITIVE DISCIPLINE PROGRAM STRENGTHENS FAMILY CONNECTIONS

The *Positive Discipline Life Skills Youth/Parent Academy* is built on a model supported by the Office of Juvenile Protection and offers a six-week workshop to students in the 4th and 5th grades and 6th-8th grades (middle schools) with a parallel six-week workshop for parents. The Program also established a Parent Advisory Council and hopes to certify 12 parents (1 for each school site) in Positive Discipline training who will then serve as Parent Ambassadors to outreach to other parents to engage them in training. These parents will be certified by the Positive Discipline Association.

The core of Positive Discipline Life Skills training is *connection before correction* and *self-reflection*, a philosophy and strategy to help parents and children determine the causal factors for unacceptable behavior which plays out in angry disputes, fights, depression, insecurity and violence, all of which are direct inhibitors to connection to community and academic success. The core of the program is helping young people and their parents to develop the values of kindness, respect for



themselves and others, knowing how to set limits, following guidelines, developing listening skills, the ability to work together and problem solve, discovering their real selves, practicing the skills of good decision making, connecting before correcting and more. The focus is on the development of a strong sense of self, helping youth to come to grips with who they are to develop life-long habits and skills that can be applied across life situations to make healthy choices. The BGCSL staff understand that in order to improve the home-afterschool environment, the approach to discipline training has to be intergenerational. In the 2014 Positive Discipline Program, the Program

Coordinator, Linda Banks, observed changes in the resiliency of both youth and parents, and parents validated the intergenerational approach stating that this was the most effective, specific help they had received in improving their own discipline approaches and strategies.

RESULTS FROM THE 2013-2014 PROGRAM

The Positive Discipline Program has had a significant impact on our parents and students. Following are 2 examples of parent feedback:

- a. "I have gained knowledge in participating with positive reinforcement. I am beginning to apply it to my life and find it useful in strengthening my relationships with my kids."
- b. "I learned a lot of methods and I met many parents who told about their experiences. I used these good methods and tools. It worked really well with kids, even my husband!"

An additional impact is the middle school students' insistence on establishing a Task Force that could continue to work on school and personal issues of concern to the student body. This was an organic outgrowth of the training.

Another example is the desire of the parents to have more workshop series and their desire to be certified as Positive Discipline trainers which was our original intent, but it was validating to have parents ask for this. Parents also recommended that the Club provide the program to younger siblings and parents of second and third grade students which we hope to start in January 2015. For the 2015 calendar year, the Club hopes to expand the program to 40 - 2nd and 3rd graders at each of 10 elementary schools; provide parallel workshops to 250 parents of 2nd and 3rd graders; and offer a 2015 Summer Workshops for 2nd and 3rd grade children and parents.

Both Kaiser Permanente Foundation and the David B. Gold Foundation provided funding for the 2014 program.

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Reserve Your Crab Feed Tickets

The San Leandro Boys & Girls Club will be holding its annual CRAB FEED on Saturday, January 10, 2015.

The event will be held at the Boys & Girls Club facility at 401 Marina Blvd. in San Leandro. Social hour begins at 6 pm with dinner being served at 7 pm.

Tickets are \$50 per person, which includes all-you-can-eat crab, pasta, salad and French bread.

The event is "Assigned Seating Only" and always sells out, so purchase your tickets early.

To purchase tickets or for more information about the crab feed call Bob Glotch at the Boys & Girls Club at (510) 483-5581 between 9 am and 5 pm.

FUNDRAISING RECORD

2014 GHIRARDELLI GOLF CLASSIC

The Ghirardelli Chocolate Company recently presented a check for \$89,000 to the Boys & Girls Clubs of San Leandro from the 12th Annual Ghirardelli Golf Classic. That made the event the most profitable Club fundraiser in its 67 year history. Since 2003 the Ghirardelli Golf Classic has raised nearly \$555,000 for the Boys & Girls Club.

152 golfers participated in the September 16th tournament at Blackhawk Country Club that was promoted as "A day of golf so satisfying that score doesn't even matter". From all accounts, that mission was accomplished.

Marty Thompson, President of Ghirardelli Chocolate, personally greeted each and every player and challenged them to "Beat The Prez" on a par 3 hole. If the player's tee shot was closer to the hole than Marty's, he personally matched their \$20 contribution to the Boys & Girls Club as well as awarding the player with a custom designed "I Beat The Prez" pin.

Sponsorships are always a key factor in the success of fundraisers. The impressive list of major sponsors included Ghirardelli Chocolate, State Roofing Systems, Pacific Southwest Container, OSISOFT, Toyota Financial Services, American Packaging Corporation, Lindt Canada, McDermottCosta Insurance, Fremont Bank, and Cintas.



The team that came in 1st Place and won the tournament is from Toyota Financial Services and included Paul Urrutia, David Ruiter, Tim Cha and Paul Martin.

The tournament was so successful that plans are in the works to expand the event to both golf courses at Blackhawk on Monday, September 13, 2015. Save the date!



“IT JUST TAKES ONE” CAMPAIGN

The “It Just Takes One” Campaign is a critical piece of the Club’s resource development plan. The campaign concept is simple – ask the community for unrestricted cash gifts in support of our program. Why is the campaign so important?

The education and enrichment programs we provide costs the Club about \$978 per child, per year. Grants and fundraising events cover \$603 of those costs leaving a shortfall of **\$375** per child. The “It Just Takes One” Campaign helps us reduce that shortfall.

Giving is easy. Visit our website, bgcsl.org, to make a one-time gift or a recurring gift each month by using a credit card via **PayPal**. Just click the donate button and follow the easy prompts. Or you can write a check directly to the San Leandro Boys & Girls Club.

We’re not asking for a donation or a contribution. We’re asking that you consider making a wise *investment* in the life of a child by sponsoring **one or more** kids in the Boys & Girls Club through our “It Just Takes One” Campaign. The return on your investment of \$375 per child will be a happy, engaged, motivated child that views his or her future with hope. Your gift is also **100% tax deductible**.

The Boys & Girls Clubs of San Leandro provides safe, professionally supervised after school programs for over 1200 children **per day** at twelve (12) locations throughout the San Leandro and San Lorenzo School Districts. We serve more kids daily than all of the other Boys & Girls Clubs in Alameda and Contra Costa County *combined*.

Our three areas of program emphasis – Academic Success; Good Character and Citizenship; Healthy Lifestyles – offer our kids tools to become happy, engaged, responsible members of the community. These children are our future employees, parents and citizens, and by engaging them in meaningful programs on a daily basis, the impact on their lives is undeniable.

Please consider supporting the “It Just Takes One” Campaign because “Great Futures Start” at the Boys & Girls Club of San Leandro.

“**Moment of Impact**” is a term the staff uses to describe an experience or personal story of how the Club has impacted the life of one of our kids. There are hundreds of “Moment of Impact” stories. The following story was shared by Carolina Valverde, Marina Site Director.

Rafael is a sweet, vibrant, loving, and helpful 2nd grade student who comes to the Club every day. He also unfortunately finds himself in some bad situations when it comes to telling the truth and making sure he is keeping himself and his fellow students safe.

Towards the end of the last school year, due to a series of incidents, a difficult decision was made to ask Rafael to leave the program. His parents, the school, and BGCSL Staff all worked with him tirelessly to avoid this final measure however, I felt the club could no longer support his needs.

Several weeks ago Rafael’s dad called to ask if we would allow him to come back on a trial basis. I always had a soft spot in my heart for Rafael and agreed to give him another shot. Within days Rafael was slipping back into his old habits but, there was something different too. Last year, Rafael found himself in challenging situations with another student named Jordan. This year he was put in Jordan’s group again. I kept a close eye on them during the first few days. One day, amongst a bit of drama, Rafael came up to me and asked if he could give Jordan an “I message”.

An “I message” is a way for students to express their feelings when they are feeling hurt by another student, and it gives the other students an opportunity to recognize how their actions affect others. We try to promote students to use this and to try and solve smaller problems between themselves before asking an adult. I was happy that Rafael was being proactive about using his words instead of his hands to solve his problems,

(continued to the right)

but Rafael wanted to give Jordan an “I message” to say thank you for sticking up for him when other people didn’t. It was a *positive* “I message”, which rarely happens. I could tell he felt a bit embarrassed telling another boy that he appreciated him, and asked Jordan if he would continue to stick up for him in the future. Jordan said he would

I was so elated to see these two, who were sworn enemies last year, come together to acknowledge that Rafael needed someone in his corner and Jordan was willing to be that guy. A few days later Jordan had an opportunity to support Rafael and he kept his word. I felt so proud of these boys and their ability to look past their past interactions and come together to recognize any kind of bullying, whether physical or emotional, is wrong. I was proud of Rafael for asking for help rather than acting out and also that Jordan could respond in the right way. I told both of their parents how proud of them I was and that they should be proud their children too for standing up for what they knew was right. After they gave each other the “I message” I was so happy we had a group hug and hung out in the garden, their favorite place in our Club.

Stay in touch with the club using Social Media:
facebook.com/boysandgirlsclubsofsanleandro

Download the Mobile Application
 on your device today!
 Scan a QR code below or search for
 Boys & Girls Clubs of San Leandro
 in your mobile app store.



FEATURES:

- View upcoming events
- Get details on club programs
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- Check out the latest event images
- Submit event images directly from your mobile device
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 **US ON FACEBOOK - BOYS & GIRLS CLUBS OF SAN LEANDRO**
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